



TEAM SCKF TRAINING SCHEDULE

September – 2007

2	All-CA Kendo Tournament
9	Pre-Elimination Practice*
16	Open
23	Pre-Elimination Practice*
30	SCKF Team Championships

October

7	Pre-Elimination Practice*
14	Pre-Elimination Practice*
21	SCKF Promotional Examinations
28	SCKF Elimination Tryouts

November

4	SCKF Practice
11	Open
18	SCKF Practice
25	Thanksgiving weekend

December

2	SCKF Practice
9	Open
16	SCKF Practice
23	Christmas weekend
30	New Year's weekend

January – 2008

6	SCKF Practice
13	SCKF Practice
20	New Year's Party
27	Kubota Memorial Tournament

February

3	SCKF Practice
10	Steveston Tournament
17	Open
24	SCKF Practice

March

2	Open
9	SCKF Practice
16	Shinpan Seminar
23	Open
30	SCKF Practice

April

6	Open
13	SCKF Practice
20	North / South Tournament
27	SCKF Practice

May

4	SCKF Practice
11	Mother's Day
18	SCKF Practice
25	Memorial Day weekend

June/July

1	Open
8	SCKF Practice
15	Father's Day
22	SCKF Individual Champ
29	SCKF Practice
July 6	AUSKF Championships

- Attendance at each **Pre-Elimination Practice** (held on 9/9, 9/23, 10/7 and 10/14) will be mandatory for each kenshi registered to compete in the SCKF Elimination Tryouts on 10/28/2007. The purpose of these Pre-Elimination Practices are to permit the Manager/Coaches to observe the attitude and dedication of the *kenshi*, as well as the strength of each *kenshi's* kendo (which often is not fully demonstrated in the context of an elimination tournament). These observations shall be taken into consideration when making the Manager's Recommendation picks on the date of the SCKF Elimination Tryouts. Absences will only be excused on a case-by-case basis by the Manager/Coaches.
- Each SCKF Practice will **start at 8:00am sharp until 12:00pm at Norwalk Kendo Dojo**. Attendance at each SCKF Practice is mandatory for each SCKF Team Member, and absences will only be excused on a case-by-case basis by the Manager/Coaches.

TEAM SCKF

2008 All United States Kendo Championships
(Shinai specifications for the elimination and Championships)

ITTO		Gender	Junior Youth	Senior Youth	Men, Women, Senior, Goodwill
	Length	Male / Female	< 114 cm	< 117 cm	< 120 cm
	Weight	Male	> 440 gr	> 480 gr	> 510 gr
		Female	> 400 gr	> 420 gr	> 440 gr
	Diameter	Male	> 25 mm	> 26 mm	> 26 mm
Female		> 24 mm	> 25 mm	> 25 mm	

NITO		Gender	18 years old & over	
			Daito	Shoto
	Length	Male / Female	< 114 cm	< 62 cm
	Weight	Male	> 440 gr	280 gr < W < 300 gr
		Female	> 400 gr	250 gr < W < 280 gr
Diameter	Male	> 25 mm	> 24 mm	
	Female	> 24 mm	> 24 mm	

Sakigawa length must be longer than 50 mm

Tsuba diameter must be shorter than 9 cm

Junior Youth can NOT use Jodan and Tsuki