

# 2023 TEAM SCKF PRACTICE SCHEDULE

JANUARY	
1	NEW YEARS
8	<i>PRACTICE @ NORWALK 8am to 11:30am</i>
15	
22	KUBOTA MEMORIAL
29	

FEBRUARY	
5	<i>PRACTICE @ NORWALK 8am to 11:30am</i>
12	STEVESTON TAIKAI WEEKEND
19	SHINPAN SEMINAR
26	

MARCH	
5	<i>PRACTICE @ NORWALK 8am to 11:30am</i>
12	
19	
26	NORTH/SOUTH (?)



APRIL	
2	<i>PRACTICE @ NORWALK 8am to 11:30am</i>
9	EASTER/ AUSKF MEETING
15	Junior Nationals @ LA
16	Junior Nationals @ LA
23	<i>PRACTICE @ NORWALK 8am to 11:30am</i>
30	

MAY	
7	<i>PRACTICE @ NORWALK 8am to 11:30am</i>
14	MOTHER'S DAY, NISEI WEEK**
21	<i>PRACTICE @ NORWALK 8am to 11:30am</i>
28	MEMORIAL DAY WEEKEND

\*\*Nisei Week date not set

JUNE	
4	<i>PRACTICE @ NORWALK 8am to 11:30am</i>
11	
18	FATHER'S DAY, SCKF INDIVIDUALS
25	<i>PRACTICE @ NORWALK 8am to 11:30am</i>
30	NATIONALS

JULY	
1	NATIONALS
2	NATIONALS
9	
16	
23	
30	

 OFFICIAL TEAM PRACTICE DAYS  
 NATIONALS WEEKEND

## Norwalk Dojo COVID rules:

- 1 all adults must be vaccinated
- 2 17 and under: if not vax'd or negative test result, cannot do kiai
- 3 everyone (participants and spectators) must be masked at all times while indoors
- 4 no entry if cannot pass the screening questionnaire